

Creative Retreat

- This form is **strictly confidential** and will be destroyed after the retreat.
- Should you have any medical condition or allergy, **please ensure you** bring appropriate medication, sufficient for the duration of the retreat.

INTERNAL USE ONLY				
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About you please fill in using capitals					
surname	forename				
	iorename				
date of birth	male or female				
contact email					
have you practised meditation before? DELETE AS APPROPRIATE					
no / yes (briefly describe where, when etc)					
do you have any physical difficulties / medical condition that would be helpful for us to know? DELETE AS APPROPRIATE					
no / yes (briefly describe)					
are you allergic/sensitive to anything? (eg dust, incense, foods, medicine) DELETE AS APPROPRIATE					
no / yes (briefly describe)					
have you had, or do you currently suffer from any mental illness? DELETE AS APPROPRIATE					
no / yes (briefly describe)					
do you have any relevant factors that you would like to mention to the teacher? DELETE AS APPROPRIATE (eg recent bereavement, family difficulty etc) continue on a separate sheet if necessary.					
no / yes (briefly describe)					
restricted diet requirements (food for the weekend is vegetarian) Vegan Gluten free					
any other details you'd like us to know					
Who to contact in an emergency					
name					
relationship to you					
home phone	mobile				

Waiver form This must be completed and returned with the form agree to abide by the five precepts and understand that I will have to leave if my behaviour breaks the five precepts, if asked by the retreat leader at your own cost. No refund of payment will be made under these circumstances. your signature date **Photography and Videos** • Please note no videos/photographs maybe distributed in any form anywhere unless there is prior consent of everybody in that picture/video. • Pictures/videos are only for personal and family use. This includes internet areas, such myspace/youtube and google video/facebook. If they are distributed they must be in a password protected area for only people involved in that event and with no names. •Some photos/videos may be used by the Creative Retreat leaders for promotional use on the website/magazines. If you **do not** wish to be involved in this please tick this box. \square **Data Protection Act** Your contact details maybe kept but no other personal information will. If you **do not** wish to be involved in this please tick this box. \square **Donations** There is no charge for attending retreats at Amaravati. However the retreat centre does depend on the generosity of retreatants to meet costs. As a guideline it costs about twenty pound a day per person to run the retreat centre. Previous retreatants have made a donation so that others can attend. Any donation made is anonymous and

voluntary, and retreatants are invited to give whatever they are able to offer. Cheques can be made payable to

Please return all completed forms to the bookings coordinator:

email: joy.love@virginmedia.com

English Sangha Trust.

postal: Joy Love, 34 Tresco Rd, Nunhead, London, SE15 3PX